



### International Federation for Obesity and Metabolic Disorders

# **Bariatric / Metabolic Gastric Plication Postgraduate Course**

## Wednesday August 26<sup>th</sup> 2015

**Course Directors and Moderators:** 

Martin Fried (Czech Rep.)

C. Copaescu (Romania)

K. Dolezalova (Czech Rep.)

**Tentative Faculty:** S. Brethauer (USA), T. Rogula (USA), Shahzeer Karmali (Canada), M. Galvao / A. Ramos (Brazil)

#### Target Audience:

Bariatric and general surgeons performing advanced laparoscopic bariatric and metabolic surgery

#### **Objectives:**

Participants will be exposed to and familiar with:

- History and development of the gastric plication operation technique
- Technical aspects of the procedure and step-by-step performance of the procedure
- Knowledge how to improve outcomes, both, from safety and efficacy point of view
- Short to mid term results of the gastric plication with focus on weight loss, as well as on metabolic effects of the operation

The course will be ended up with a take away summary of the most important points in order to provide the attendees with up-to-date theoretical knowledge about this bariatric/metabolic procedure.

#### **Outline:**

### 08:30 - Introduction of the Course (M. Fried)

Gastric plication history, WW literature review, Important things to consider before starting gastric plication		
S. Brethauer (USA) <b>or</b> T. Rogula (USA)	35 min +10 min discussion	
Tips and tricks - operation technique - Gastric plication complications prevention and management		
K. Dolezalova (Czech R.)	35 min +10 min discussion	
Gastric plication results from high volume Center in Mexico - lessons learned		
Ariel Ortiz Lagardere (Mexico)	35 min + 10 min discussion	
Coffee brake		
10:30-11:00		
Metabolic effects, hormonal/incretin changes after gastric plication,		
Gastric plication as a conversion procedure (banding to plication, sleeve to plication, re-plication)		
M. Fried (Czech R.)	35 min +10 min discussion	
Gastric plication - Long-term results		
A. Talebpour (Iran)	35 min +10 min discussion	
Lunch break		
12:30-13:30		
When to revise and/or convert a gastric plication, and with which procedure?		
C. Copaescu (Romania)	35 min +10 min discussion	
Canadian experience with gastric plication - results		
Shahzeer Karmali (Canada)	35 min +10 min discussion	
Coffee brake		

#### 15.00 15.20

15:00-15:30	
Endoluminal plication / bariatric procedures	
M. Galvao / A. Ramos (Brazil)	35 min +10 min discussion

30 min

Round table discussion and wrap-up: all the speakers

Adjourn 17:00